



**FOR IMMEDIATE RELEASE**

### **Women in Red**

LUFKIN, TEXAS (March 8, 2005).... Woodland Heights Medical Center wants you to see red! It is all part of the first annual Women in Red Luncheon, Wednesday, April 27 at the Pitser Garrison Civic Center in Lufkin. The event kicks off at 11:30 a.m. with Kelly's unveiling the latest in spring and summer fashions. Lunch will follow with guest speaker Carol Dean Schreiner, who will talk about women's health issues, including cardiovascular disease. "She will have our guests laughing their way to good health," said Yana Ogletree, Director of Marketing for Woodland Heights Medical Center. "Ms. Schreiner is a humorist and a motivational speaker. She will give vital health information in an entertaining fashion."

Women in Red is a fundraiser for the American Heart Association. It also is an opportunity to raise awareness of cardiovascular disease among women. "Heart disease now is the number one killer among women over the age of 45," said Ogletree. "While awareness of this disease is increasing among women, there is plenty of room for more education. Our primary goal is to educate the public so they know the risks and symptoms of cardiovascular disease."

Everyone is invited to attend the Women in Red Luncheon, which is being sponsored by Woodland Heights Medical Center, Lufkin Daily News, The Heart Institute of East Texas, and Consolidated Communications. Tickets are \$10 and have to be purchased in advance by calling 936-637-8687. Although it is not mandatory, all guests are invited to wear red to show support for the American Heart Association.

"The event will take place on Administrative Assistant's Day. And what better way to recognize your office staff with a heart healthy lunch!" Said Ogletree.

Woodland Heights Medical Center has an 86-year tradition of caring for the people of deep East Texas. Providing the highest quality of healthcare, advanced technology, and cost-effective treatment, Woodland Heights Medical Center is a leader in the healthcare industry. Over the past 15 years, Woodland Heights Medical Center has built one of the country's top-rated cardiac programs. With the only five-star rated cardiac interventional program in East Texas, Woodland Heights Medical Center is among the top 5% of heart programs in the nation. In Texas, the hospital is ranked number 3 for overall cardiac services. Woodland Heights Medical Center is an affiliate of Triad Hospitals, Inc.

(NYSE:TRI), a company that owns and manages 56 hospitals and 16 ambulatory surgery centers in small cities and selected larger urban markets. Woodland Heights' web site is <http://www.woodlandheights.net>.

*Editorial Note: Please refer to the company as Woodland Heights Medical Center in all forms of reference.*

*This news release may contain certain forward-looking statements that reflect the current views and/or expectations of Woodland Heights Medical Center with respect to its performance, business and future events. Such statements are subject to a number of risks, uncertainties and assumptions. Actual results may vary significantly.*

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