



FOR IMMEDIATE RELEASE

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Woodland Heights Taking Another Step to Go Green!

Lufkin, TX (February 22, 2010) – Styrofoam (or polystyrene) currently takes up 30% of the total solid waste volume dumped in our landfills and Americans use 25 trillion Styrofoam cups each year. Being such a common disposable material, citizens have to be creative in eliminating Styrofoam waste, as it is difficult to recycle.

Woodland Heights Medical Center employees have tapped into their creativity and come up with a plan to reduce waste. Woodland Heights has purchased re-usable mugs for employees and volunteers in an effort to reduce the use of Styrofoam cups. Employees and volunteers will get free coffee, tea and soda when they bring their green “We Choose to Reuse!” mugs to the Woodlands Way Café.

This is not the first effort Woodland Heights has made in their attempt to go green. “Last month, we teamed up with Angelina Beautiful Clean to implement a recycling program on our campus and now we are making a move to eliminate Styrofoam waste,” states Casey Robertson, Interim Chief Executive Officer. “Our employees have been the driving force behind these changes and we are proud to be part of the effort of reducing waste.”

With their industrious spirit, the employees of Woodland Heights are making Angelina County a cleaner place to live, work and play.

About Woodland Heights Medical Center

Established in 1918, Woodland Heights Medical Center was Lufkin's first hospital. Now, nine decades later, Woodland Heights is recognized throughout Deep East Texas as the leading provider of high quality, innovative health care services. Accommodating a wide range of clinical specialties, Woodland Heights has achieved excellence in key medical and surgical areas including cardiology, pulmonology, neurology, orthopedic surgery, physical medicine/rehabilitation, vascular surgery and obstetrics and gynecology. Woodland Heights also offers a full range of outpatient diagnostic services including advanced imaging, laboratory, outpatient surgery and emergency services. Through its Rehabilitation Center, Woodland Heights offers cardiac rehabilitation, stroke recovery and physical and occupational rehabilitation. Combining modern facilities, leading technology, an exceptional staff and a commitment to the communities it serves, Woodland Heights Medical Center remains at the forefront of quality health care in Deep East Texas

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Picture: Debbie Elliott, Health Information Management employee at Woodland Heights, uses her new "We Choose to Reuse" mug in the Woodlands Way Café instead of a Styrofoam cup.