



FOR IMMEDIATE RELEASE

Ogletree and Woodland Heights Receive Statewide Recognition

LUFKIN, TEXAS (March 10, 2006).... The Texas Public Relations Association has named its top public relations practitioners of the year and Woodland Heights Medical Center's Yana Ogletree has once again been recognized for her efforts. During the organization's annual banquet in Austin, Ms. Ogletree received the "Silver Spur" award for best special event in Texas. The event recognized was the hospital's 2005 "Women in Red" luncheon, which focused on women and heart disease.

According to the Texas Public Relations Association, the Silver Spur is the highest recognition for superior public relations achievement. No secondary awards are presented. Winning a Silver Spur entry clearly demonstrates that sound public relations objectives and philosophy were incorporated into the program and that high standards of research, planning, execution, and evaluation were met.

"I am very excited to receive this award on behalf of Woodland Heights Medical Center. This award was made possible by the help of numerous Woodland Heights employees, our business partners, and community support," said Ms. Ogletree. Other companies being recognized for excellence in the "Special Event" category are American Airlines, Shell Oil, and RadioShack.

Women in Red is a fundraiser for the American Heart Association. It also is an opportunity to raise awareness of cardiovascular disease among women. "Heart disease now is the number one killer among women over the age of 45," said Ms. Ogletree. "While awareness of this disease is increasing among women, there is plenty of room for more education. Our primary goal is to educate the public so they know the risks and symptoms of cardiovascular disease."

Plans already are underway for the second annual Women in Red Luncheon, which will be held Wednesday, April 26, 2006 at the Pitser Garrison Civic Center in Lufkin. Tickets now are on sale and can be purchased at Woodland Heights or by calling 936-637-8687.

Last year Woodland Heights Medical Center and Ms. Ogletree were recognized by the Texas Public Relations Association for having the "Best Web Site in Texas." This site was created by Ms. Ogletree and local web designer Bill Cameron.

About Woodland Heights Medical Center

Established in 1918, Woodland Heights Medical Center was Lufkin's first hospital. Now, almost nine decades later, Woodland Heights is recognized throughout Deep East Texas as the leading provider of high quality, innovative health care services. In 2006, Woodland Heights Medical Center was named a Distinguished Hospital for clinical excellence—ranking in the nation's top 5% for clinical care. * Recognized for its continued excellence in cardiac care, Woodland Heights is a five star rated hospital for the treatment of heart failure. * Additionally, Woodland Heights is ranked in the nation's top five percent for pulmonary and gastrointestinal care. * Accommodating a wide range of clinical specialties, Woodland Heights has achieved excellence in other key medical and surgical areas including neurology, orthopedic surgery, physical medicine/rehabilitation, vascular surgery and obstetrics and gynecology. Woodland Heights also offers a full range of outpatient diagnostic services including advanced imaging, laboratory, outpatient surgery and emergency services. Through its Rehabilitation Center, Woodland Heights offers cardiac rehabilitation, stroke recovery and physical and occupational rehabilitation. Combining modern facilities, leading technology, an exceptional staff and a commitment to the communities it serves, Woodland Heights Medical Center remains at the forefront of quality health care in Deep East Texas.

Woodland Heights Medical Center is an affiliate of Triad Hospitals, Inc. (NYSE:TRI), a company that owns and manages 56 hospitals and 16 ambulatory surgery centers in small cities and selected larger urban markets. Woodland Heights' web site is <http://www.woodlandheights.net>.

This news release may contain certain forward-looking statements that reflect the current views and/or expectations of Woodland Heights Medical Center with respect to its performance, business and future events. Such statements are subject to a number of risks, uncertainties and assumptions. Actual results may vary significantly.

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Cutline: Yana Ogletree, Director of Marketing for Woodland Heights Medical Center, accepts the 2006 Best of Texas Silver Spur Award for excellence in public relations, from Texas Public Relations Association President, Elizabeth Clark. The Silver Spur is the highest recognition for superior public relations achievement.