



FOR IMMEDIATE RELEASE

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Woodland Heights Unveils New Web Site

LUFKIN, TEXAS (May 13, 2009)...Woodland Heights Medical Center has unveiled a new look for its website. The updated site includes everything from health information to cooking demonstrations.

The restructured web site is comprised of links for online bill payment and the ability to view the community newsletter, which offers both health and community information. Along with the new look, there are several new options available. Through Discovery Health, Woodland Heights is able to offer a variety of health information links so patients can have answers to their health-related questions at their fingertips. There are online tools, such as a BMI calculator and symptom manager, as well as key information for surgical procedures, lab tests, symptoms, and much more. Another new web site offering is an archive of recipes, both heart-healthy and diabetes-friendly. There are even cooking demonstrations online so web site visitors can see how the dishes are made. Nutrition facts are also available for each recipe.

Finding employment is also easier now with our online listing of available jobs and the ability to apply online for those jobs. Pre-registering for your hospital stay is made simpler with the click of the mouse right from the home page.

“Our world now relies so heavily on technology, and we felt it important to offer the community more online resources and education,” states Jennifer Stevens, Marketing Representative for Woodland Heights Medical Center.

Also online, interested parties can sign up to join two affinity programs offered by Woodland Heights. One program is Healthy Woman, a free community resource designed to empower women with the knowledge and confidence to make informed healthcare and well-being decisions for themselves and their loved ones. The other program is Senior Circle, a membership that offers a generous selection of valuable discounts, activities and events, exercise and wellness classes, a chapter newsletter and national publication subscription, in-hospital privileges, reciprocal privileges and much more.

To discover this important information and learn more about the services offered at Woodland Heights, visit www.woodlandheights.net.

About Woodland Heights Medical Center

Established in 1918, Woodland Heights Medical Center was Lufkin's first hospital. Now, nine decades later, Woodland Heights is recognized throughout Deep East Texas as the leading provider of high quality, innovative health care services. Accommodating a wide range of clinical specialties, Woodland Heights has achieved excellence in key medical and surgical areas including cardiology, pulmonology, neurology, orthopedic surgery, physical medicine/rehabilitation, vascular surgery and obstetrics and gynecology. Woodland Heights also offers a full range of outpatient diagnostic services including advanced imaging, laboratory, outpatient surgery and emergency services. Through its Rehabilitation Center, Woodland Heights offers cardiac rehabilitation, stroke recovery and physical and occupational rehabilitation. Combining modern facilities, leading technology, an exceptional staff and a commitment to the communities it serves, Woodland Heights Medical Center remains at the forefront of quality health care in Deep East Texas.

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