



**FOR IMMEDIATE RELEASE**

**Contact: Tara Watson  
Woodland Heights Marketing Director  
936-637-8687 (office)  
214-957-8600 (cell)  
936-631-0164 (pager)**

**WOODLAND HEIGHTS MEDICAL CENTER NOW OFFERS  
ANTERIOR APPROACH HIP REPLACEMENT SURGICAL TECHNOLOGY**

March 2008, Lufkin--Woodland Heights Medical Center recently obtained the HANA™ Hip and Knee Arthroplasty Table – the only surgical table designed exclusively for Hip and Knee Arthroplasty. Mizuho OSI, the leading manufacturer of specialty surgical tables for spinal, orthopedic trauma, and image-guided surgery, is the manufacturer of the HANA™ table. On February 27<sup>th</sup>, Roy Guse, M.D. performed the first anterior approach hip replacement procedure at the hospital using the table.

The Anterior Approach surgery procedure is a technique that minimizes the pain and time from surgery to recovery. The Anterior Approach allows the surgeon to reach the hip joint from the front of the hip as opposed to the lateral (side), or the posterior (back) approach.

With its unique capability to position the leg, the HANA™ enables the surgeon to replace the hip through a single incision, without detachment of muscle from the pelvis or femur. The table allows hyperextension, adduction and external rotation of the hip for femoral component placement – a positioning option not possible with conventional tables. The lack of disturbance to the lateral and posterior soft tissues provides immediate stability of the hip after surgery.

This way, the hip can be replaced without detachment of muscle from the pelvis or femur during surgery. The surgeon can simply work through the natural interval between the muscles. The

most important muscles for hip function, the gluteal muscles that attach to the pelvis and femur, are left undisturbed and therefore do not require a healing process.

Woodland Heights is a comprehensive health-care delivery system. The hospital is known for its outstanding programs in critical care, cardiac care, surgery, orthopedics, rehabilitation, and women's health. Extensive outpatient services and prevention programs such as sleep disorder care, wound care and hyperbaric medicine are also offered in support of Woodland Height's emphasis on health and wellness.

Mizuho OSI manufactures the HANA™ Surgical Table used primarily in Anterior Approach surgery. The merits of this procedure are several: 1) Less muscle trauma for the patient; 2) reduced hospital stay; 3) smaller incision - 4 to 5 inches as opposed to 10 to 12 inches; 4) faster recovery - 2 to 8 weeks as opposed to 2 to 4 months; 5) additional benefits include reduced pain, reduced blood loss, reduced tissue healing required, reduced risk of dislocation, and more rapid return to normal activities.

### **About Woodland Heights Medical Center**

Established in 1918, Woodland Heights Medical Center was Lufkin's first hospital. Now, nine decades later, Woodland Heights is recognized throughout Deep East Texas as the leading provider of high quality, innovative health care services. Accommodating a wide range of clinical specialties, Woodland Heights has achieved excellence in key medical and surgical areas including cardiology, pulmonology, neurology, orthopedic surgery, physical medicine/rehabilitation, vascular surgery and obstetrics and gynecology. Woodland Heights also offers a full range of outpatient diagnostic services including advanced imaging, laboratory, outpatient surgery and emergency services. Through its Rehabilitation Center, Woodland Heights offers cardiac rehabilitation, stroke recovery and physical and occupational rehabilitation. Combining modern facilities, leading technology, an exceptional staff and a commitment to the communities it serves, Woodland Heights Medical Center remains at the forefront of quality health care in Deep East Texas.